

**Table 1**

Services and resources available in the Tri-community that foster wellness – Physical, mental, emotional, social, Spiritual, all the while having diversity, inclusion, and equity as running themes moving throughout our community plans for future development of spaces, services, beautifying spaces, community meaning...

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**Table 2 (page 39)**

Missing or Limited Resources or Services in the Tri-community

**Chart 1 ( page 40)**

The beginnings of a path for people experiencing homelessness

**Other Resource Listings to be integrated into Table 1** by Assets Mapping Group (page 41)

Agency/Service/Resource	Description of Services	Who can access	Contact Details
<b>Homelessness &amp; Housing</b>			
<b>Oscar's Place</b>	Emergency Shelter, 12 hour shelter with space for 24 people. Hours of operation 8 pm-8 am Shelter provide a warm safe place for those experiencing homelessness. Provide meals during the eve, like snack and soups.		(204) 627-7515
<b>Support Oscar's Place (SUOP)</b>	Group supporting Oscar's Place.		

<p>The Pas Friendship Centre</p>	<ul style="list-style-type: none"> <li>• Community food bank (seniors, persons with disabilities, single parents, and families not already supported by OCN, and MMF)</li> <li>• Brunch program for Oscar’s Place residents</li> <li>• Homeless Outreach mentor (for those experiencing, or at risk of, homelessness)</li> <li>• Warm Socks Warm Soles (socks for homeless)</li> <li>• Snacks, water, feminine hygiene product for homeless</li> <li>• Reaching Home (assist in securing an apartment, e.g. damage deposit, furniture)</li> <li>• Community Navigator (advocacy for individuals with addictions and their families to receive help)</li> <li>• In-house &amp; community programming: <ul style="list-style-type: none"> <li>○ art workshops; community events; cultural workshops, including Metis Mondays, and First Nations Fridays; employment training; social service information sessions; language classes</li> </ul> </li> <li>• Parent-child program (6 to 12 years old and their families)</li> <li>• TPFC Youth Club (12 to 17 years old)</li> </ul> <p>Urban programming for Indigenous peoples (UPIP) community coalition</p>		<p>Executive Director: Doug Bartlett  <a href="https://tpfcpa.wixsite.com/tpfriendshipcentre">https://tpfcpa.wixsite.com/tpfriendshipcentre</a>  Facebook: The Pas Friendship Centre</p>
<p>Manitoba Housing</p>			<p>District Manager Julie Proulx  <a href="mailto:Julie.Proulx@gov.mb.ca">Julie.Proulx@gov.mb.ca</a></p>


Community Design and Safety	Safe spaces, good lighting in neighborhoods, designs like murals to discourage graffiti, beautification of streets, occupied spaces		
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OCN Bear Clan			Paulene Ballantyne <a href="mailto:pballantyne@opaskwayak.ca">pballantyne@opaskwayak.ca</a>
Town of the Pas Citizens on Patrol Program (COPP)			Paulette Aamot <a href="mailto:paulette9@hotmail.com">paulette9@hotmail.com</a>
Bear Clan Patrol The Pas			Facebook: bearclanpatrolthepas (204) 978-0567 bearclantheapas@gmail.com
OCN Beautification			OCN Infrastructure Branch (204) 627-7051
Town of The Pas Beautification and Murals			
The Pas Correctional Centre			Superintendent - James Lane <a href="mailto:james.lane@gov.mb.ca">james.lane@gov.mb.ca</a>
Manitoba First Nations Police Service - OCN			623-8200 Corporal Brice Ironshirt
Mb Justice -Crown Attorney			Kameron Hutchinson 204-627-8444
Mb Justice Probation			(204) 627-8312
Mb Justice Victim's Services			(204) 627-8420
The Pas Watch	Facebook group created for people to post any suspicious behavior they may see.	Residents of The Pas and area	Facebook: The Pas Watch
10 & 60 Group	Garbage pick up crew at the intersection of Highway of 10 and 60	Everyone	Paulette Aamot <a href="mailto:paulette9@hotmail.com">paulette9@hotmail.com</a>

Nisiiminan Safe Rides Program	Free service for women to call on the weekend for a safe ride home “We care about women’s safety at night on the weekends.”	Women	Paulene Ballantyne <a href="mailto:nisiiminansafe@gmail.com">nisiiminansafe@gmail.com</a> Facebook page Nisiiminan-Safe-Rides
Safer Communities and Neighbourhoods (SCAN)	RCMP led multi-sector group to increase awareness and collaboration among those interested in community safety	Everyone	Staff Sgt Brent Lemieux <a href="mailto:brent.g.lemieux@rcmp-grc.gc.ca">brent.g.lemieux@rcmp-grc.gc.ca</a>
OCN Justice Council	Restorative Justice practice including alternative sentencing	OCN members	Not operating at this time
MMF Justice Council	Restorative Justice practice including alternative sentencing MMF led	OCN, Town and RM members	Cindy Haight 623-7915
Manitoba Public Insurance (MPI)			

<b>Food Security</b>	
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The Pas Friendship Centre	The Pas Friendship Centre Food Bank – Provides monthly food hampers to Families not already supported by OCN or MFF as well as seniors, single mothers, and those with disabilities can apply.	You can request an application form by calling the Centre at  You can also find a link to an application form on The Pas Community What’s Happening in the Tri Area Facebook page.	204-627-7500.
OCN Community Garden	The OCN Community Gardens started in 2013 by Opaskwayak Culture and Healthy Living Initiatives (OCHLI). They have 5 big gardens, a summer kitchen, bee hives, a turtle mound herb	Family	OCN Community Gardens Facebook page

	garden, pumpkin patch, and a clay oven. We set days aside (Tuesday night and Thursday night) for each garden so that people would go and work in the gardens. Part of that is because socializing is just as important as anything else. People go there and visit as they work.		
Meals on Wheels	Meals on Wheels offers service to anyone who cannot prepare a meal for themselves. If you're a senior, recovering from surgery/illness or living with a disability, you can use our service. Age is not a factor, and you can participate in the program for as long as you want. You do not need to be referred by a doctor – enroll in the program yourself, or ask a friend or family member to call on your behalf.	Anyone who cannot prepare a meal for themselves.	<b>The Pas – The Pas Health Complex</b> 204-623-6626
OCN LED Smart Farm	Produces fresh and affordable vegetables year-round.		Opaskwayak LED Smart Farm Facebook page Joan Niquanicappo – General Manager Stephanie Cook – Operations Manager

Domestic Violence	
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<b>Aurora House Women's Shelter</b>	Provides shelter, coordination of services and resources to women and their children who experience domestic violence and crisis		For help call 204-623-7427 Or toll free 1-877-977-0007 Website: <a href="https://aurorahouse-sharethecare.com/">https://aurorahouse-sharethecare.com/</a>
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	addressing domestic and gender based violence in the Norman region of Manitoba through emergency supports, counselling and education		
A Woman's Place	Women's Place is there to support women who have been impacted by gender based violence.		For Support Line call: 204-940-6624 Monday -Friday Please leave a message after office hours

General Health	
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Cree Nation Tribal Health	Indian Residential School Jordan's Principle	SCTC First Nation communities	(204) 627-1500
The Pas Health Complex	General Hospital services	Everyone	204-623-6431
The Pas Health Complex Hospital Foundation	Registered charity maintaining donations for health facilities and services in The Pas		Facebook page: The Pas Health Complex Foundation, Inc. @TPHCFoundation
NHR Advisory Council (LHIGS)	Local Health Involvement Groups or "LHIGs" are made up of citizens who care about health and health services. They are established to explore and provide advice to the Board of Northern Health Region on issues that impact the delivery of local health services.		Keely Steele, Coordinator, Community Engagement at 204.627.6803 or email <a href="mailto:ksteele2@nrha.ca">ksteele2@nrha.ca</a>
Opaskwayak Health Authority	Beatrice Wilson Health Centre	OCN members	(204) 627-7410
Primary Care Network		Everyone	
<b>NHR Chief Indigenous Health Officer</b>	Charlene Lafreniere, Chief Indigenous Officer (CIO) is working with Executive		Charlene Lafreniere

	<p>Leadership to undertake an Indigenous Health Environmental Scan for the region. This scan is a baseline in terms of understanding our next steps and what an Indigenous Strategy would need to be in the North. A strategy will then be collaboratively developed that will be the responsibility of the entire organization to help develop and implement. The CIO has supported the Community Health Assessment Working group from an Indigenous lens and have had discussions to further our understanding of the First Nation Health Status Report, and how it correlates to the health indicators collected for the CHA.</p> <p>(NHR Annual Report 2019-2020)</p>		<p>Contact: Denise Horton, Executive Assistant (204) 305-0154  Email: <a href="mailto:dhorton@nrha.ca">dhorton@nrha.ca</a></p>

Mental Health and Addictions	
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<p><b>AFM The Pas Services</b></p> <p><b>Manitoba Addictions Helpline</b></p>	<p>Provides clients with a range of services and supports relating to alcohol, substance use and problem gambling. We support a biopsychosocial spiritual model of addictions, which supports the view that addictions arise from various factors. Committed to a client centered approach and</p>	<p>Local – 204-6278140  Provincial AFM – 2-4-944-6200  Toll Free 1-866-638-2561  Mb Addictions hotline 1-855-662-6605</p>	<p><a href="https://afm.mb.ca/programs-and-services/">https://afm.mb.ca/programs-and-services/</a></p>



	<p>employs a Stages of Change models and levels of involvement framework</p> <p>School Based Services – counselor provides counseling routinely through the week.</p> <p>Prevention and education Services for those wanting information</p> <p>Intake, Assessment and Referral for Adult and Youth. Information is gathered to make appropriate referrals to Community Care, Residential treatment or other community services. Provides counseling to those seeking help for addictions</p>		
<b>AFM Youth Services</b>	<p>If you have some questions and are looking for a safe, non-judgmental place to get answers. Whatever your situation is, AFM youth services are here for you. We offer a range of supportive services for young people 12 – 18 years of age</p>	Youth services and programs for Parents ( Parent Intervention Program)	
<b>AbilitiCBT</b>	<p>Cognitive behavioral therapy (CBT) delivered by a therapist through a digital platform accessible from your smartphone or tablet. It virtually pairs you with a professional therapist that supports you through your program</p>	Website based, client centered and managed by consumer	
<b>Anxiety Disorder Association of Mb</b>	<p>information to help you understand anxiety, as well as resources and tools to help manage anxiety</p>	Info and support for groups and individuals	<p>Provincial line: 1 800-805-8885 or 204-925-0040</p> <p>9 am to 9 pm - Monday to Friday and 10 am to 4 pm weekends</p>

			or email: adam@adam.mb.ca
<b>Alcoholics Anonymous</b>			
<b>Alanon</b>			
<b>Aulneau Renewal Centre</b>	Provides counseling for death, grief, divorce, anger, depression, anxiety, parenting challenges, domestic abuse, etc.	Info and support for groups and individuals	
<b>Aurora House Women's Shelter</b>			
<b>Badge of Life</b>	First Responder Peer Group	First responder stress, loss,	<a href="http://www.BadgeofLifecanada.org">www.BadgeofLifecanada.org</a> Mondays 7 pm-8:30 EST Tuesdays 1 pm-2:30pm EST
<b>Beatrice Wilson Health Centre (BWHC) Wellness Counseling Department</b>	BWHC Wellness Team strives to offer wrap around service to ensure that clients are getting the best possible care. Wellness Team provides walk in care and can meet clients where they are most comfortable. <u>Learning Circle Facilitators:</u> offer counselling and Programming in the area of Emotional, Spiritual, Physical and Mental well being		Call 204-627-7410 OCN Crisis/Support Line 204-623-0519 24 hours 7days a week Beatrice Wilson Health Centre Facebook page
<b>BWHC Opioid Antagonist Therapy Program</b>	<b>Opioid Antagonist Therapy Program: (OAT) The OAT program</b> offers medical withdrawal management for those suffering from opioid use disorder with either methadone, Suboxone, Sublocade, or Probuphine. Clients are further supported in their recovery by the integrated care team. Self referral are welcome OAT provides services to clients residing in The Pas, Opaskwayak Cree Nation, Mosakahiken Cree		Call 204-627-7410

	Nation, Chemawawin Cree Nation, and Misipawistik		
<b>Behavioral Health Foundation</b>			
<b>Manitoba Blue Cross- Connect Now</b>	<p>Connect Now, our clinical, personal and immediate support line where members can call to connect instantly with a professional counselor from our Employee Assistance Program ( EAP) Provides immediate support that is brief in nature and intended for those who may not be able to participate in on going counselling at this time. If there is a need for regular contact/ongoing counseling you can explore this option with your connect now counselor. They will help you find a plan that suits your needs.</p> <ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Grief counselling for those who have lost a loved one to Covid 19</li> </ul>	<p>Via Telephone Call 204-786-8880 or toll free 1-800-590-5553 <a href="http://www.mb.bluecross.ca/coronavius">www.mb.bluecross.ca/coronavius</a></p>
<b>NHR Prenatal &amp; Postpartum Home Visiting Program</b>	<p>Public Health Nurse can have discussions around Prenatal depression and Anxiety. Make referral to the Families First Program (strength based positive parenting program for parents at risk of isolation, poor mental health. Can offer coaching on coping skills, positive mental health and resources</p>	Families, Pregnant moms pre and post delivery	Call 204-623-9650
<b>Canadian Mental Health Association (Swan Valley Branch/The Pas)</b>	<p>Canadian Mental Health Association (Swan Valley Branch/The Pas) Provides one on one support with a Peer Support person who will listen, provide a safe space to talk, and make referral if needed Peer Support - Provides one on one support with a Peer Support person who will listen, provide a safe space to</p>		<p>Contact Terry Hatch at 431-355-0932 Website: parkland.cmha.ca</p>

	talk, and make referral if needed		
<b>Canadian Centre for substance use and addictions</b>	Managing stress, Anxiety and Substance Use during Covid 19 A resource for healthcare providers	All some pertinent to Health care professionals	
<b>Clinical Psychology Manitoba</b>	Clinic Psychology Manitoba are a group of psychologists in Winnipeg, dedicated to work with clients in improving their mental health. We specialize in evidence-based treatment strategies that primarily include cognitive behaviour therapy (CBT), and mindfulness based approaches.		(204) 615-1579 <a href="https://clinicpsychology.com/resources/">https://clinicpsychology.com/resources/</a>  Questions: <a href="mailto:answers@clinicpsychology.com">answers@clinicpsychology.com</a> Referrals: <a href="mailto:admin@clinicpsychology.com">admin@clinicpsychology.com</a>
<b>Doctors of Manitoba</b>	General Support services – issues at work or home counselling legal support		Call 1-844-436-2762 <a href="http://www.guidanceresources.com">www.guidanceresources.com</a>
<b>Eating Disorders Support – Women’s Health Clinic</b>	Support for those struggling with an eating disorder- bulimia, anorexia, compulsive or binge eating, etc.	Residents of Mb, any gender	204-947-2422 ext 137 1-866-947-1517 ext 137 Email: <a href="mailto:edprogram@womenshealthclinic.org">edprogram@womenshealthclinic.org</a> Or <a href="https://womenshealthclinic.org/what-we-do/pedprp/">https://womenshealthclinic.org/what-we-do/pedprp/</a>
<b>Families First Program</b>	First Program (strength based positive parenting program for parents at risk of isolation, poor mental health. Can offer coaching on coping skills, positive mental health and resources		Call Prima
<b>FASD Coalition</b>			Joanne Wyman

<b>Faith Based Community – Church Directory</b>	Client can ask for supports from clergy of their choice and or the person who is on call. A directory is available for more information. See appendix		See appendix
<b>Mb Schizophrenia Society</b>			
<b>First Nations and Inuit Hope for Wellness Help Line</b>	Experienced and culturally competent Help Line counsellors can help if you, want to talk, are distressed, have strong emotional reactions, or are triggered by painful memories	Help is tailored for First Nations and Inuit people but website has information that might be helpful for everyone. Services also available in Cree, Ojibway, and Inuktitut	Call 1-855-242-3310 To chat visit <a href="http://www.hopeforwellness.ca">www.hopeforwellness.ca</a> Available 7 days a week
<b>Mb Harm Reduction (Play it Safer)</b>			Krista Tooley
<b>Hope North The Pas and Area Suicide Prevention and Awareness Committee</b>	Hope North is a committee dedicated to working with partners/organizations to deliver life promotion activities by providing events, activities devoted to mental health education, suicide prevention to public, schools, community and individuals. We offer training such as Applied Suicide Intervention Skills Training and Mental Health first Aid for adult who interact with youth and Safe Talk.		Contact Shellie Verville at 204-623-9638
<b>Indian Residential Schools Resolution Health Support Program</b>	provides mental health, emotional and cultural support services to eligible former Indian Residential School students and their families throughout all phases of the Indian Residential School Settlement Agreement,	A National Indian Residential School Crisis Line has been set up to provide support for former Residential School students. You can access emotional and crisis referral services	Call 1-866-925-4419 24-Hour National Crisis Line:
<b>Kids Help Phone</b>	Kids Help Phone is there for youth and now adults as well. You can talk and they will listen with no judgement and it is confidential. You can call, text, mobile app, or by visiting their website	Youth and adults One on one short term counseling, crisis services and information related to Youth Mental Wellness	Call 1-800-668-6868 or Text: Talk to 686868 Website: <a href="https://kidshelpphone.ca">https://kidshelpphone.ca</a>

<p><b>Klinic community Health</b></p>	<p><u><i>Farm Rural &amp; Northern Support Services</i></u> – Free confidential telephone and online counseling for all ages No matter what the issue you can contact us. Counselors offer free, confidential and no-judgemental support for anyone who lives on a farm, rural area or northern community. You can call, or chat on line.</p> <p><u><i>Manitoba Suicide Prevention and Support Line</i></u> Provides non-judgmental crisis counselling support, information and referral. Call if you are struggling with suicidal thoughts, concerned about someone, or impacted by a suicide loss or attempt. Reason to live Complete Deaf Access Counselling</p>	<p>Those in need of support when struggling with any problem they face. Everyone</p> <p>Call if you are struggling with suicide thoughts, concerned about someone, or impacted by a suicide loss or attempt.</p>	<p>Farm Rural &amp; Northern Support Services Call help line: 1-1866-367-3286 or Live Chat at <a href="https://suportline.ca">https://suportline.ca</a></p> <p>Manitoba Suicide Prevention and Support Line Call 1 1-877-435-7170 or TTY 1-204-784-4097 or visit their website Reason to Live at <a href="https://reasontolive.ca">https://reasontolive.ca</a></p>
<p><b>Manitoba Blue Cross- Connect Now</b></p>	<p>Connect Now, our clinical, personal and immediate support line where members can call to connect instantly with a professional counselor from our Employee Assistance Program ( EAP) Provides immediate support that is brief in nature and intended for those who may not be able to participate in on going counselling at this time. If there is a need for regular contact/ongoing counseling you can explore this option with your connect now counselor. They will help you find a plan that suits your needs.</p>		<p>Call: 204-786-8880 or toll free 1-800-590-5553 <a href="http://www.mb.bluecross.ca/coronavius">www.mb.bluecross.ca/coronavius</a></p>

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<b>Manitoba Health Links</b>			1-888-315-9257 or 204-788-8200 24.7
<b>MKO Mobile Crisis Line</b>	<b>The MKO Mobile Crisis Response Team is...</b> An all-Indigenous team of special frontline helpers who will mobilize within your respective community. Our team will provide traditional and comfortable SAFE supports for your experience during your Crisis	To request assistance, you will be asked information about the crisis, including; <ul style="list-style-type: none"> <li>• Nature and circumstances of the crisis</li> <li>• The community contact person</li> <li>• The local resources available in community level to be included in the planned response intervention</li> </ul>	Call 1-844-927-life(5433)  <a href="mailto:crisisresponse@mkonorth.com">crisisresponse@mkonorth.com</a>
<b>Men's Resource Centre of Manitoba</b>	<b>Offers the Male Childhood and Adolescent sexual abuse program</b>	Virtual sessions at present. Can self-refer and an intake will take place and then individual will be on a wait list to access the program	Call 1-204-415-6797 Toll free 1-855-672-6727 Or visit <a href="https://www.mens-resourc-centre.ca">https://www.mens-resourc-centre.ca</a>
<b>Mental Health Education Resource Centre</b>	Offers various educational materials about mental illness. Their website contains information on how to find a mental health counsellor and information about the recovery process		Website: <a href="https://www.mherc.mb.ca/page.php?d=17">https://www.mherc.mb.ca/page.php?d=17</a>
<b>Mood Disorders Association of Manitoba</b>	MDAM supports those affected by mood disorders, their friends, families, caregivers and supporters.	Everyone: Those interested in information on Mood disorders, self help,	Provincially: Postpartum Warm Line 1-204-391-5983 Provincial general support line: 1-800-263-1460

			The Pas and Flin Flon Local Support – 204-271-3758 or Visit website: <a href="http://www.mooddordersmanitoba.ca/">http://www.mooddordersmanitoba.ca/</a>
<b>Missing &amp; Murdered Indigenous Women &amp; Girls Support Line</b>	Support line for short term counselling, emotional support, suicidal thoughts, in crisis <b>Better description</b>	Advocacy, crisis, short term counseling	Call: 1-844-413-6649 <a href="http://www.mmiwg-ffada.ca/contact/">www.mmiwg-ffada.ca/contact/</a> 24 hours 7 days a week
<b>National Indigenous Survivors of Child Welfare Network</b>		A National Indian Residential School Crisis Line has been set up to provide support for former Residential School students. You can access emotional and crisis referral services by calling 24-Hour National Crisis Line:  <b>1-866-925-4419</b>	Call:1-866-456-6060 <a href="https://sixtiesscoopnetwork.org/">https://sixtiesscoopnetwork.org/</a> <a href="http://www.niscw.org">www.niscw.org</a> or email <a href="mailto:info@niscw.org">info@niscw.org</a>
<b>Northern Health Region- Mental Wellness and Recovery Program</b>	<b>Intake and clinical follow, Counseling-</b> Clients and health care professionals can refer to Intake. Program is committed to enhancing the quality of life for clients, experiencing mental health issues by providing recovery oriented, client driven support and education to individuals, family and community <b>Proctor Services</b> – Provides individual support to clients and group programing <b>Mental Health Occupational Therapist</b> – Provides Individual and group therapy for clients experiencing difficulty organizing and or	Psychiatry – The Pas Inpatient services is for Adults only	For more information contact Primary Health Care Centre. Call: 204-623-9650



performing daily activities or managing life's necessities. Facilitates psychoeducational and skill building group sessions.

**Psychiatry** –Psychiatrist are operating as Locum on a rotating basis.

- Child and Adolescent – Psychiatry services and in patient care is based out of Manitoba Adolescent Treatment Centre (MATC) in Winnipeg via tele-health and is linked to the Mental Wellness and Recovery program. (Physicians can not directly refer to psychiatry services for Child/Adolescent services.

NHR –Mental Wellness and Recovery Clinician/Facilitators lead disorder specific support groups independent of clinical counseling  
**Rosaire House** – Recovery Centre for those who want to live a health life. They help clients to find positive lifestyle options that work for them. Offers a 28 day Residential Program for those wanting a lifestyle free from addictions such as alcohol, other drugs, gambling and more. Provides follow up counseling for those completing the program and want after-care supports. In house AA and NA meeting held

**Mental Health Promotion** – Available to general community members, as well as NHR staff and clients. Responds to requests for information,

For more information about Rosaire House and it's programs  
Call: 204-623-6425

	pamphlets, resource material and general navigation of mental health resources.		
<b>Native Addictions Council of Mb</b>			
<b>NHR Primary Health/ Public Health</b>	Includes, but not limited to such as: Mom pre and post natal support and home visiting program, and Baby care, sexual health, travel health, chronic disease, retinal screening, Dietician	Groups and individualized support	Call: 204-623-9650
<b>Parent Lifeline</b>	For parents needing an understanding , non-judgemental support around parenting and children’s mental health. PLEO can help	Parents wanting more information and peer support around child mental health issues	To speak with a family peer supporter call: 1-855-775-7005 hours of operation Open: Monday Friday 8am-6pm Visit website at: <a href="https://www.pleo.on.ca">https://www.pleo.on.ca</a>
<b>Pride North of 55</b>			<a href="http://www.pridenorthof55.com">www.pridenorthof55.com</a>
<b>Public Health Agency of Canada</b>			National <a href="https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html">https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html</a>
<b>Rainbow Resource Centre</b>	Phone support - responding to COVID by offering additional capacity to counselling over the phone		For appointment: email <a href="mailto:info@rainbowresourcecentre.org">info@rainbowresourcecentre.org</a>
<b>Royal Canadian Mounted Police</b>	<ul style="list-style-type: none"> <li>• -Community safety/relations/partnerships/events</li> <li>•</li> <li>• Urgent situations where person needs psychiatric in person treatment/admission to psychiatric facility and is not willingly consenting.</li> </ul>		

<b>Sarah Riel Ince</b>	Our Vision is for people with mental health and substance use/addiction challenges to reach their full potential mentally, physically, socially and spiritually	Have a clinically diagnosed mental health disorder, be 18 year of age and actively participate and be willing to participate in all aspects of programing and attend appointment	Phone: 204.237.9263 Ext 149 Direct line: 204.237.7165 <a href="https://www.sararielinc.com/">https://www.sararielinc.com/</a>
<b>Seniors Abuse Support line</b>			Toll Free 1-888-896-7183 Open 24/7
<b>Sexual Education Resource Centre (SERC)</b>	Sexuality Education Resource Centre provides inclusive, non-judgmental education about sexuality. We believe that people have the right to accurate information on all their choices.  SERC Manitoba is a community-based, non-profit, pro-choice organization. We are dedicated to promoting sexual health through education.	Anonymous and confidential	Call 204-987-7800 Wpg Or 204-727-0417 Brandon <a href="https://serc.mb.ca/">https://serc.mb.ca/</a>  24/7 support
<b>Strongest Families Institute</b>	Offers support programs for parents like Parents Empowering Kids, Chase worries Away, Defeat Anxiety and more. Programs offer coaching while working through self directed modules	Self Referral accepted during Covid 19	Call toll free 1-866-470-7111 <a href="https://strongestfamilies.com/#">https://strongestfamilies.com/#</a>
<b>Towards Flourishing</b>	The Program is part of the Families First Program.  It can help with early detection of postpartum anxiety and depression in Parents.	Families, Parents	Call 204-623-9638 or Email: sverville @nrha.ca

<b>Wellness Together</b>	Offers information on trending topics in mental Health and similar problems . Help with managing worry, anxiety, substance use, etc. Mental Health and Substance use support for Adults and Youth		Call 1-866-585-0445 Or visit <a href="https://ca.portal.gs/">https://ca.portal.gs/</a>
<b>Winnipeg Regional Health Authority – Wellbeing Guide</b>	Mental Health Promotion information on stress, how to maintain wellbeing, be part of a community, promotes physical activity and social connected in the maintenance of Positive mental Health		<a href="http://www.wellbeingguide.ca">www.wellbeingguide.ca</a>
<b>Clinical &amp; Outreach Social Services</b>	IRS, Indian Day Schools, MMIWG, sexual, physical emotional abuse, self-harm / injury, grief / loss, depression, childhood abuse / trauma	Non-OCN Treaty status for The Pas and surrounding area	Raj Naik (204) 978-0511

Training and Education	
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<b>University College of the North</b>	University College of the North is a post-secondary institution located in Northern Manitoba, Canada. UCN has a student body of approximately 2,400 annually, and a staff of approximately 400. The Chancellor of UCN is Edwin Jebb Entry level courses for admission to University level degrees, e.g. Nursing, Education, Trades		Telephone: 204-627-8500 436 7 St E, The Pas, MB R9A 1T <a href="https://www.ucn.ca">https://www.ucn.ca</a>
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	(Millwright, Electrical, heavy duty mechanics)		
<b>Kelsey School Division</b>			
<b>Fire Spirit Work2It</b>			Lawrence Daniels <a href="mailto:lawrence.daniels@fire-spirit.ca">lawrence.daniels@fire-spirit.ca</a>
<b>Applied Suicide Intervention Skills Training (Asist)</b>		Everyone Some employment opportunities within Mental Health Programs require this course as a prerequisite to employment	
<b>Northern Learning and Support Centre</b>	Provides a variety of resources, equipment and professional development opportunities for parents, caregivers, professional staff and community support organizations.		Tania - Telephone - 204-620-5775 or email: <a href="mailto:tcatalano@ksd.mb.ca">tcatalano@ksd.mb.ca</a> Or website <a href="https://nlscmb.ca/">https://nlscmb.ca/</a>
<b>Mental Health First Aid (youth)</b>	2 day course describes the different mental disorders, the effects of substance use on each disorder, and how you can offer help to someone experiencing a mental health problem.	Everyone Some employment opportunities within Mental Health Programs require this course as a prerequisite to employment	Contact Shellie Verville 204-623-9638 Can link to other trainers
	Provides a variety of resources, equipment and professional development opportunities for parents, caregivers, professional staff and community support organizations.		

<p><b>Mental Health Commission of Canada</b></p>	<p>Resource Hub: Mental health and wellness during the COVID-19 pandemic</p>		<p><a href="https://www.mentalhealthcommission.ca/English/covid19">https://www.mentalhealthcommission.ca/English/covid19</a></p> <p><a href="https://www.mentalhealthcommission.ca/English/mhcc-covid-19-resources">https://www.mentalhealthcommission.ca/English/mhcc-covid-19-resources</a></p> <p>crisis response training course for essential workers:  <a href="https://www.mhfa.ca/en/course-type/crisis-response-virtual-training-caring-others">https://www.mhfa.ca/en/course-type/crisis-response-virtual-training-caring-others</a></p> <p>and courses for caring for self and your team:  <a href="https://theworkingmind.ca/crisis-response-virtual-training">https://theworkingmind.ca/crisis-response-virtual-training</a></p>
<p><b>Klinic – Teen Talk</b></p>	<p>Teen Talk is a Youth Health Education Program. We provide services for youth from a harm reduction, prevention education perspective. We focus on issues under the broad topics of sexual and mental health and link youth to resources in their community. We adhere to the belief that by providing youth with accurate, non-judgmental information they can make healthier decisions and choices for themselves.</p>		
<p><b>Kelsey Learning Centre</b></p>	<p>Adult Education. “Every adult student within KLC comes with their own story, background, challenges along with the will and desire to succeed. Something you</p>	<p>Everyone</p>	<p>Tara Manych,  Education Director  (204) 627-8562  <a href="http://www.kelseylearningcentre.com/">http://www.kelseylearningcentre.com/</a></p> <p>Facebook page: <b>Kelsey Learning Centre</b></p>

	may not know about us is that our youngest student is 19 years old and our oldest is 65. In this school, you are never too old or too young to learn.”		@kelseylearningcentre
<b>North Forge North</b>	North Forge Technology Exchange – is an innovation-based economic development agency and a powerhouse community to fuel Manitoba’s innovation economy providing entrepreneurs with award-winning mentors, rockstar subject matter experts and a two-stage startup program.		(204) 623-0311
<b>OCN Education Authority (OEA)</b>			(204) 627-7480 OLC (204) 623-5259. Principal Ron Constant JARS (204) 623-4286. Principal Karon McGillivary
<b>The Pas Northern Skilled Trades and Technology</b>			
<b>OCN Employment &amp; Training</b>		OCN members	Josh Brown, (204) 627-7181
<b>Learning Supports (Ages 0-6):</b>			
<b>Marigold Preschool</b>			(204) 623-6006
<b>The Pas Preschool</b>			(204) 623-7700
<b>Hilda Young Child Care Centre</b>			(204) 627-7090
<b>The Pas Sweetgrass Head Start</b>		Aboriginal preschool off-reserve	(204) 623-6864
<b>Kanawenimawasowin Day Care (UCN)</b>			(204) 627-8500

<b>Uptown Day Care</b>			(204) 623-7912
<b>Margaret's Place Day Care</b>			(204) 623-2118
<b>Halcrow Lake Day Care Centre</b>			(204) 623-5246

<b>Covid Related Resources</b>	
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<b>MD Care</b>	Mental health services available to mb physicians and medical students This service is also available to physician spouses and dependent children under the age of 18.		Call: 204-480-1310 to leave a message
<b>Manitoba Adolescent Treatment Centre- Centralized Intake Child and Adolescent Mental Health Program and Youth addiction</b>	MATC's Centralized Intake continues to offer support to clients and families during the COVID 19 pandemic Child and Adolescent Mental Health Centralized Intake continues to refer children/you and their families to the appropriate child and youth mental health services at the MATC		Call 204-958-9660 Fax: 204-958-9626
<b>Manitoba Blue Cross – Mental Health Support</b>	Mental Health support through the coronavirus (Covid -19) pandemic – be resilient Info on how to access services, Support for	For those covered by Mb Blue Cross, though anyone can access the document on line	In the form of a booklet To speak with an intake worker call: 204-786-8880 or toll free: 1-800-786-5553 For handbook visit: <a href="https://www.uwinnipeg.ca/search-results.html?q=mental%20health%20support%20through%20the%20coronavirus">https://www.uwinnipeg.ca/search-results.html?q=mental%20health%20support%20through%20the%20coronavirus</a>



	<p>workers, managing anxiety during Covid-19, Helping children deal with stress and more</p> <p>Other topics on this site, Job loss and Financial Insecurity during COVID 19</p> <p>Returning to School during COVID 19, Working from home during CoVID 19</p> <p>Grief Counseling</p> <p>For those who have had a death in the family due to COVID 19 and need to reach out for support Blue Cross provides up to 3 sessions for client.</p>	<p>Available at no cost who have experienced a loss/death during Covid 19</p> <p>Contact main office and choose counseling option</p>	
<b>Manitoba Government Covid 19</b>	<p>Known as a reliable source of information for Manitobans looking for info on Covid 19.</p>		<p><a href="https://www.gov.mb.ca/covid19/">https://www.gov.mb.ca/covid19/</a></p>
<b>World Health Organization</b>	<p>Covid 19 information and online resource</p> <p>Access to Quick Links highlighting topics on travel advice, Frequently asked Questions and Answers,</p>	<p>Those wanting more information on Covid 19.</p> <p>Reliable source of information</p>	<p><a href="https://www.who.int/">https://www.who.int/</a></p>

	Advice for the Public and Myth busters		
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Community Wellness Resources	
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Wellness Centre The Gym			
The Pas Friendship Centre	Offers programing for community members such as, Parent Child Program – project packs, Senior’s activity pack added to food hamper, warm hands warm socks program and much more	Everyone	Contact Holly Lajambe at 204-627-7500 for more information
<b>Metis Community Liaison Dept. (MCLD)</b>	Assists families and seniors – client and family support Income assistance; housing Justice system Family violence Health Prescription drug program Vision care for seniors	Metis	Lisa Stevenson, Community Liaison (204) 623-5701
<b>Mamawechetotan Centre (UCN)</b>	Bread and milk program Food pantry Smudge table available at centre Crafts in evenings Campus Elder on-site, also work with community Elders Personal counselling	UCN Students	Marcia Chartrand, Centre Coordinator (204) 627-8694

Recreation/Art/Design

<p>Town of the Pas – Kelsey Recreation Wellness Centre Winton Swimming Pool Splash pad Programming Parks – Devon Park Playgrounds Ball diamonds and soccer fields Community Walking/biking Trail Murals – Opasquia Times     Across from RBC     Fisher avenue at Michaels     By the train tracks     Behind the post office/Inukshuk     statue</p>	<p>Kelsey Recreation aims to improve the health and well-being of the residents of The Pas and surrounding area by providing quality recreation facilities, programming, and services.</p> <p>Programming and support for local sport and recreation organizations. Summer camps Wellness centre programs Maintenance of playgrounds, parks,</p>	<p>Everyone</p>	<p>Jomar Cruz – Recreation Director</p> <p>Kelsey Recreation and Wellness Centre (204) 627-1134</p> <p>Facebook page <b>Kelsey Recreation and Wellness Centre</b> <a href="#">@kelseyrecmb</a></p>
<p>Creators Spirit Dance Troupe</p>	<p>Cultural activities and dance troupe</p>	<p>Everyone</p>	<p>Les Michelle <a href="mailto:lessbannock@hotmail.com">lessbannock@hotmail.com</a></p>
<p>Story Tellers Film Festival</p>	<p>Storytellers’ is a Festival in which culture and our northern roots are celebrated. Indigenous film and northern people are showcased including the many talented movie makers from this area.</p>	<p>Open to local film makers, actors, and to viewers who love the diversity of film festivals.</p>	<p>Cheryl Antonio Facebook page: <b>Storytellers Film Fest</b> <a href="#">@StoryTellersFilmFest</a></p>
<p>Theatre 53</p>	<p>Local theatre group</p>	<p>Everyone</p>	<p>President Barb Shaw-Ings <a href="mailto:shawings@mymts.net">shawings@mymts.net</a></p>

The Pas Music Club			
The Pas Arts council	Promote arts and culture in The Pas through exposure, education and participation. Arts and cultural groups are members of The Pas Arts Council and conduct programming specific to their mandates. One of the roles of the arts council is to provide support to the member groups including advertising, financial grants and with applying for larger grants. In addition, the arts council provides programming that is not provided by member groups as resources are available.	Artists and creatives	(204) 620-2263 <a href="https://www.thepasartscouncil.ca/">https://www.thepasartscouncil.ca/</a> President Andrew Legeny
ImagiNorthern	Small group of creatives in the northern region working to make arts an economic powerhouse in the north.	Artists/creatives	Lead - Avery Ascher
The Pas Community ArtSpace	A welcoming space for those who love to make and share art in The Pas and area in northwestern Manitoba. Ask questions, share challenges, tell us about upcoming art-related workshops an events, post your work! Please do not offer critiques of work unless specifically invited to do so.	All artists, makers, creatives	Facebook page The Pas Community ArtSpace
National Screen Institute			
The Pas Region Metis Fiddlers		Fiddlers	Kathy McKay 204-620-0930
The Pas Regional Library	All library services, internet, printing, children's programs and more	Everyone	<a href="https://www.thepasregionallibrary.com/">https://www.thepasregionallibrary.com/</a> 204-623-2023
Manitoba Provincial Parks: Clearwater Lake:			

Pioneer Bay Sunset Beach Camper's Cove Rocky Lake			
Sam Waller Museum	Northern History and Heritage of the area.	Everyone	<a href="mailto:samwallermuseum@mts.net">samwallermuseum@mts.net</a> (204) 623-3802 <a href="https://www.samwallermuseum.ca/">https://www.samwallermuseum.ca/</a> Director Sharain Jones
OCN Recreation	Community programs, youth centres and camps,	Everyone	Cynthia Young (204) 627-7070
Arts Guild		Artists	James Dean <a href="mailto:jedean@mymts.net">jedean@mymts.net</a>
Gordon Lathlin Memorial Centre	Arena	Everyone	(204) 627-7076
OCN Arbor			?OCN Public Works (Infrastructure)

## Business and Economic Development

The Pas Community Development Corporation	Independent agency from Town of The Pas that provides economic, community and tourism development that benefits the residents of The Pas & Area. <b>Mandate:</b> * be a catalyst for the attraction of new business and industry to the region, * support existing industries and enterprises, and * be a benefit to the community we serve		Jackie Rechenmacher 204-627-1118 <a href="https://www.thepascdc.com/">https://www.thepascdc.com/</a>
The Pas and Area Chamber of Commerce	the voice of The Pas & District Business Community and working to promote the	Business owners	<a href="http://www.thepaschamber.ca/">http://www.thepaschamber.ca/</a>

	success of our members and foster the well-being of the overall business community. Our vision is to help propel The Pas & Area to unrivaled economic growth, leading northern Manitoba to a prosperous future. We are three municipalities, one business community!		(204) 623-7256 President Jill Wilkinson
Paskwayak Business Development Corporation (PBDC)			Darryl Bauer
Destination Marketing Committee	DMC provides grants to local projects and events that promote economic development in The Pas by increasing visits to the community.		dmcommittee@townofthepas.ca
Tourism Committee			

Communications and Media	
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CJAR	Local radio station	Everyone	Facebook page <b>102.9 CJAR</b> @CJ1240 <a href="http://www.thepasonline.com/">http://www.thepasonline.com/</a> (204) 623-5307 <a href="mailto:cjar@arcticradio.ca">cjar@arcticradio.ca</a>  Sales Manager: Chris Marsh
Natootawin (OCN newspaper)	Local Newspaper		Sheryl Crain (204) 627-7162 / 627-7100 sheryl.crain@opaskwayak.ca
Opasquia Times	Local Newspaper		Editor Ralph McLean 204-623-3435 <a href="http://www.opasquiatimes.com/">http://www.opasquiatimes.com/</a>

OCN Morning Show			Facebook: Opaskwayak Ininew
OCN Local Radio			Some online create your own radio station service: Live365 Opaskwayak Online Radio
NCI			
CBC North			

Seniors/ Elders	
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The Pas Golden Agers			(204) 623-3663
Valhalla			
Pineview			
McGillivary Memorial Care Home			Russell Constant, administrator (Note: RMMCH is under OHA) (204) 623-5421
St. Paul's Personal Care Home			(204) 623-9226

Youth	
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Cedar Path The Pas Family Resource Centre			<a href="mailto:tpfrc@mymts.net">tpfrc@mymts.net</a> 623-5575
Macdonald Youth Services			(204) 627-1460
OCN Youth Centre			(204) 627-7181
Big Eddy Youth Centre			(204) 623-2428
Action Centre			(204) 623-5320

X roads Teen Centre			(204) 623-4841
The Pas Youth Mentor Program			
Young Wolf Pack (The Pas Family Resource Centre)			<a href="https://www.facebook.com/The-Young-Wolf-Pack-Project-436239646936304/">https://www.facebook.com/The-Young-Wolf-Pack-Project-436239646936304/</a>
The Pas Helping Hands 4H	4-H (Head - Heart - Hands - Health) is one of Canada's longest-running youth organizations. In 4-H, youth Learn To Do By Doing.	Youth	Leader: Cheryl Antonio

Children and Family Services	
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Child and Family Services – all jurisdictions			MMF Michif CFS Cree Nation CFS (204) 623-7456 Cree Nation Family Enhancement OCN CFS (204) 627-7240 OCN CFS Family Enhancement (204) 627-7157 Town CFS
Head start Program			
Manitoba Adolescent Treatment Centre			

People with Disabilities	
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The Workplace	Supported employment for people with disabilities		Leanne or Eileen 623-4155 Cathy Lipscomb Director <a href="mailto:sepnec@yahoo.com">sepnec@yahoo.com</a>
OCN OEA	Accessible playground		Jenn Bercier
Handi-van	A non-government organization that provides transportation services for persons with mobility limitations.	People with mobility limitations.	(204) 623-2036

Men	
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OCN Men's Support Program	Support for men	Men	Zacc Harris <a href="mailto:Zacc@opased.com">Zacc@opased.com</a>
John Howard Society - Brandon, MB	<p>Offer programs, supports and resources, based on the principles of restorative justice, to clients at various stages of involvement with the justice system.</p> <p>Goal is to empower clients, if found guilty, to take responsibility and be held accountable for the harm their actions have caused not just to the victims and the community but to themselves as well</p>	Work primarily with men (18 and over), who have been or may be incarcerated, their families, victims of crime and the community to address the root causes of crime.	<a href="http://johnhoward.mb.ca/">http://johnhoward.mb.ca/</a>

	<p>and to become engaged contributing members of society.</p> <p>Advocate on behalf of individual clients within the system and for effective, evidence-based and humane approaches to reducing crime and supporting those who are or have been in conflict with the law.</p>		

Women	
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Elizabeth Fry Society - Winnipeg	<p>Provide advocacy, access to resources and support to women who are in conflict with the law. Some of the issues are addiction, poverty, mental health issues, marginalization, racism, long-term effects of residential schools and other forms of discrimination.</p>		<a href="https://efsmanitoba.org/contact-us/">https://efsmanitoba.org/contact-us/</a>

Community Based Organizations and Service Clubs

The Pas Community Renewal Corp.	The Pas Community Renewal Corporation is a nonprofit organization that strives through advocacy, capacity building, provision of knowledge and sustainable funding from various sources to challenge and empower residents of The Pas, Manitoba.		Executive Director: Desarae Lambert <a href="http://www.tpcrc.ca/">http://www.tpcrc.ca/</a> (204) 623-4269 <a href="mailto:tpcrc.ed@hotmail.com">tpcrc.ed@hotmail.com</a>
The Pas Family Resource Centre	Multiple family, youth, women and children's programs.		Executive Director: Renee Kastrukoff Facebook page <a href="https://www.facebook.com/The-Pas-Family-Resource-Centre-Minisewin-Waska-107308264150550/">https://www.facebook.com/The-Pas-Family-Resource-Centre-Minisewin-Waska-107308264150550/</a>  204-623-4841
The Pas Families Building a Better Community	This group is for anyone who wants to work towards making our community and surrounding area a better place to live. Our first project is to fundraise to build a spray park for the community. We are also fundraising simultaneously for skatepark.	Everyone	President: Davide Novo <a href="https://www.facebook.com/groups/thepasfamilies/">https://www.facebook.com/groups/thepasfamilies/</a>
Kinsmen Club	Work in the community with service projects and fundraisers with the goal of "serving the community's greatest need".		Facebook page The Pas Kinsmen Club

The Pas Kinettes	Dedicated to Serving the Community's Greatest Need!		<a href="https://www.facebook.com/thepaskinettes/">https://www.facebook.com/thepaskinettes/</a> <a href="mailto:thepaskinettes@gmail.com">thepaskinettes@gmail.com</a>
Rotary Club of The Pas	Service organization for local community needs.		President: Julia McKay <a href="https://www.facebook.com/Rotaryclubofthepas/">https://www.facebook.com/Rotaryclubofthepas/</a>
Women's Auxiliary (Catholic Church?)			
The Pas Immigrant Services	Support and help for Newcomers	Newcomers	Analya Lotivio 204-3699

Transportation Services	
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Mahihkan Bus Lines	Flin Flon/Creighton - Winnipeg service		(204) 623-2161 <a href="https://mahihkanbuslines.com/">https://mahihkanbuslines.com/</a>
Calm Air	Flin Flon – The Pas – Winnipeg service		(204) 624-7220 <a href="https://www.calmair.com">https://www.calmair.com</a>
Taxi Services			Cal's Cab (204) 623-3333
Mississippi Airways	Operates out of Grace Lake Airport Daily flights Pukatawagan – The Pas 24-hour medivac and charter service		Toll free: 1(877) 600-7160 Local: (204) 623-7160 Medivac: 1-888-668-3822 Website: <a href="http://www.mississippiair.ca">www.mississippiair.ca</a>
Via Rail	Winnipeg - Churchill service Unstaffed station. Online ticket purchase / schedule		<a href="https://www.viarail.ca/en">https://www.viarail.ca/en</a>

Keewatin Railway Company (KRC)	Passenger freight service offered twice per week between Pukatawagan and The Pas		(204) 623-5255 <a href="https://www.krcrail.ca/">https://www.krcrail.ca/</a>
The Pas Handi-van	Local transportation for people with mobility limitations.		(204) 623-2036

Employment Services	
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Service Canada			
MB Employment and Training			
Workplace Employment Manitoba (WEM)			

Political Entities	
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<i>Local</i>			
Opaskwayak Cree Nation – Chief and Council - Onekanew mena Onuschekewuk (O&O)			Rhonda Ross (CEO) Nancy Dorion, O&O Executive Admin. Jerylyn Cowley, O&O Admin Assistant
OCN Junior Chief and Council (Jr. O&O)			Nicole Tornquist Jr. Chief
Rural Municipality of Kelsey (RM of Kelsey)			Jerry Hlady (CAO)
Town of the Pas Mayor & Council			Graham Kohler (CAO)
Tri Council			

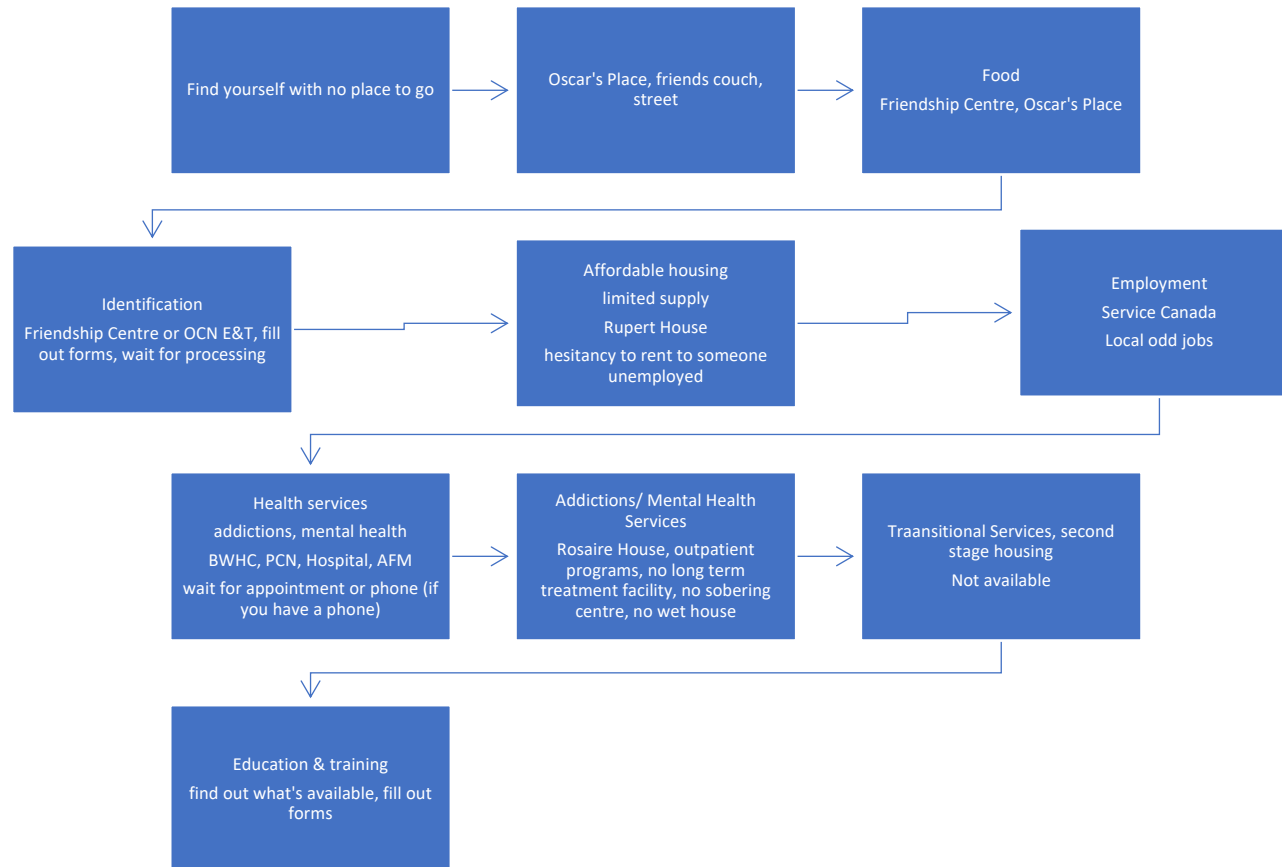
<i>Regional</i>			
Swampy Cree Tribal Council			Don Lathlin, Executive Director
Manitoba Urban Municipalities Association (? Proper name)			
<i>Provincial</i>			
MKO			
Manitoba Metis Federation (MMF)			Judy Mayer
Member of the Legislative Assembly			Amanda Lathlin - NDP
Minister of Indigenous and Northern Relations – Alan Lagimodiere			
Provincial Ministers of Justice, Housing, Families, Mental Health, Education, Health, Environment, Transportation, Labour			
<i>Federal</i>			
Member of Parliament, Churchill-Keewatinook Aski			Niki Ashton
Federal Government Departments of: Public Safety – Crime Prevention, Housing, Health, Education, Labour, Transportation, Environment, Indigenous Services (Indian and Northern Affairs – INAC?)			
Assembly of First Nations (AFN)			

Table 2

## Missing or Limited Resources and Service in Tri Community

RAMM (Rapid Access to Addictions Medicine Clinic)	Missing		
Wet House	Missing		
Sobering Centre	Missing		
Long-term Treatment Centre	Missing		
Second Stage Housing	Missing		
Half-way House	Missing		
Transitional Housing	Missing		
Affordable Housing	Limited		
Men's programming and services	Limited		
Programs for children 6 – 12 years old	Limited		
Family programs	Limited		
Selfcare and supports for service providers/care givers	Missing		
Receiving home for people traveling to the area for medical	Missing		
Soup kitchen	Missing		
Street Chaplaincy	Missing		
Circles of Support and Accountability	Missing		
Transitional services of all kinds	Limited		

**Chart 1: Path for a person experiencing homelessness**





**Other Resource Listings to be integrated into Table 1 by Assets Mapping Group**

Bridges: Connecting Community Health Supports, OCN (listing of many resources)

Cree Nation Residential School Program, Cree Nation Tribal Health

Family Enhancement Services, OCN Child and Family Services (listing of many resources)

Hope North The Pas and Area Suicide Prevention Committee

Indigenous Cultural Healing Supports during COVID-19

LGBTQ Resources Manitoba

MB MH and Addictions Contact List

MH Resources and Contacts

Parent and Youth Resource Page Oct 2019

PP Services Poster

The Pas Intake Booklet May 2020